



PROVIDER ALERT

Person-Centered Thinking Training

September 1, 2020

Alert Summary: Person-Centered Thinking training opportunities— both introductory online modules and two-day live webinar formats — are now available at no cost to Optum network providers. Training dates and registration information is below.

Dear Provider,

Optum and The Institute for Person-Centered Practices are excited to offer brand new Person-Centered Thinking training opportunities. At the core of Person-Centered Thinking (PCT) is the notion that treating others with dignity and respect will empower them to set and reach their own personal goals. You can expect to learn the latest techniques and application in Person-Centered Thinking that will allow you to add value to client interaction.

Person-Centered Thinking is the foundation training offered by the Institute on Person Centered Practices. This two-day training provides an overview of the principles and core concepts of Person-Centered Practices. A key component of the training offers learners the opportunity to practice discovery skills that guide plans to support people to live their lives as they define them. Person-Centered Thinking and planning are for people. All learners will be challenged to create their own person-centered descriptions.

The Institute is a collaborative partnership between the Center on Disability Studies at The University of Texas at Austin and the Center on Disability and Development at Texas A&M University. The Institute offers a wide range of training and technical assistance. The Institute works closely with the Learning Community on Person Centered Practices, an International Community of certified trainers and mentors providing training for a broad range of audiences.

The training in PCT consists of **two parts**:

- **Optum Idaho Person-Centered Thinking online training modules on Relias**
 - The purpose of the Person-Centered Thinking training modules is to orient you—whether you are a provider, supervisor, or staff of various roles— to the person-centered thinking philosophy that supports the delivery of person-centered care.
- **A two-day live webinar learning intensive**
 - We invite you to join us for this one-of-a-kind live webinar training experience— two full days of learning and practicing how to use a variety of person-centered tools to discover information leading to plans that support a person to have a better life as they define it.

Who can benefit from attending Person-Centered Thinking training?

- **Any provider** working with a client population within the Optum network, regardless of education level or licensure, would benefit from the Person-Centered Thinking training course as a means of increasing skill level that increases patient decision making and empowerment.

Are CEUs offered?

- The PCT training modules have been approved for 1.5 hours for LSW level, 1.5 hours for LMSW level and/or 1.5 hours at the LCSW-Clinical level by the National Association of Social Workers-Idaho Chapter, and may be applied toward the continuing education requirements for social work license renewal. These modules have also been approved for 1.5 hours by the Idaho Licensing Board of Professional Counselors and Marriage and Family Therapists.
- The PCT two-day live webinar learning intensive has been approved for 12 hours for LSW level, 12 hours for LMSW level and 12 hours for LCSW level by the National Association of Social Workers-Idaho Chapter, and may be applied toward the continuing education requirements for social work license renewal. This training has also been approved for 12 hours by the Idaho Licensing Board of Professional Counselors and Marriage and Family Therapists.
- Other professionals are invited to contact their board and verify that their continuing education plans meet their board's requirements.

How can I access the trainings as a provider?

- **Online Training** is now available on Relias. To access the online training:
 - Log into [Relias](#).
 - Navigate to the “Assignments” tab on the left-hand side of the screen.
 - Click on the green “+ Browse Elective Courses” button close to the top of the screen.
 - Search for “Optum Idaho Person-Centered Thinking” and click to enroll.
 - The course will now appear under the ‘Electives’ section of the “Learning” tab of your Relias dashboard. Scroll down to find the course and click “Take Now”.
- **Live Webinar Training** registration is now open and capacity is limited to 20 individuals per training.
 - To enroll in the live webinar training, please choose one of the upcoming sessions shown below and follow the complete enrollment instructions at [optumidaho.com](#) > For Network Providers > [Provider Meetings & Trainings](#). Prior to enrolling, please ensure that you are able to attend both days of training.

Training	Time	Required Tech Check
Session 1: PCT Live Webinar Training	Sept 29 th & 30 th , 2020 9am–5pm MDT	Sept 28 th , 2020 9am – 10am MDT, 12pm – 1pm MDT
Session 2: PCT Live Webinar Training	Nov 10 th & 11 th , 2020 9am–5pm MST	Nov 9 th , 2020 9am – 10am MST, 12pm – 1pm MST

If you have any questions about this training, please reach out to your [Provider Relations Advocate](#) or the [Optum Idaho Education & Training Division](#).

Thank you,
The Optum Idaho Team